

Star Search Leadership



"Creating Leaders and Champions – On Court and Off"

Decision Making – the Power of Choices and the Consequences

Choices – The act of selecting or making a decision when faced with two or more possibilities.

Consequences – Results or effect of an action, condition, or choice.

Choices you might make – Work through the choices and consequences that the player may encounter as a player, student and leader.

Lessons From the Best – Words of wisdom from Roger Federer on the choice of "embracing hard work" and from Rafael Nadal to simply "enjoy and try your best" when making decisions about competition.

Working as a Team – Making Choices – Dealing with the Consequences

- **The Wizards Maze -- Warp Speed** - Participants come across a wise but not so old "wizard" who can help make all their passing shots land in, but only if they can get their entire team through the Wizards Maze in the allotted time. Will they make it or be destined to miss a few passing shots in life?
- **The Human Knot** -- The participants learn how to solve problems by making choices, seeing what the resulting consequences are, and then modifying their approach to successfully untie the knot. Will they do it or best stuck together for life? Let's hope they get it untied.
- **On-Court** - While acquiring on-court tennis skills the participants will be challenged with a number of obvious choices to make and some not so obvious. Which ones will lead to winning now, and which ones will result in them becoming better players, having more "grit" and winning more in the future. The choices are all theirs.
- **Reinforcement** - Players will be learning the value of making choices and being flexible and trying new ones if the results of their efforts pay off - or not.

Take Home - Each participant's parents will be challenged to **"catch their child" doing good things** throughout the week that are based on them making choices and then helping them see the resulting consequences. There is a work sheet in their notebook that has five (5) examples that can be used for those observations and discussion. Enjoy!