

Star Search Leadership



”Creating Leaders and Champions – On Court and Off”

Teamwork -- Being a Team Player

Meeting the Team – learning names is important in life and how you introduce yourself can leave a last impression on others. We all feel better when we are called by our name – and believe it or not, it gives us better self-esteem and self-confidence and we learn better.

- **Who Am I and Introducing Yourself** - The participants learn teammates names and then how to make a good first impression by introducing themselves properly, a basic communication and social skill they can use both on and off the court.
- **Warp Speed** - Participants learn each other’s names through a fast paced ball passing speed challenge. Can they learn their names and break the world speed record?
- **Name Capture** – Participants learn each other’s name by playing a fast paced game of Name Capture. Can the girls beat the boys at this one? Only time will tell.
- **On-Court** – While acquiring on-court tennis skills the participants learn their names and continue to get more comfortable introduce themselves to others, properly by shaking hands at the beginning and end of games, drills and other on-court activities directed by the on-court coaches.
- **Reinforcement** - Heading into the building, going on-court, coming off court and leaving, the Star Search athlete will have the opportunity to introduce themselves numerous times to the coach, instructors, staff and volunteers.

Teamwork – The 5 P's of being a Star Search team player (modified from USTA First Serve 3 P's). We will emphasize how to use these both on and off the court throughout the 10 sessions.

- **Prompt** – show up on time (be prompt) or better yet, be early
- **Prepared** – have your equipment, body and mind ready to go
- **Polite** - always be nice, polite and respectful of your teammates, coaches, and
- **Positive** – positive thoughts, positive talk and positive actions
- **Practice** – practice, practice, practice to improve

Take Home - Each participant's parents will be challenged to introduce their son/daughter to a minimum of 10 other adults throughout the upcoming week. Parents are also asked to observe their child implementing the 5 P's of being a Star Search Leader off the court at home, with sibling, with parents and at school.