

## Star Search Leadership



*"Creating Leaders and Champions – On Court and Off"*

### Perseverance – The Power of Never Giving Up

**Perseverance** is the steadfastness in doing something especially in spite of difficulties, obstacles or discouragement. Another way of saying it -- ***Keep at it, keep trying, and never, never, never give up!***

It feels great when you are down in a match, you keep trying, you keep problem solving, you tell yourself to just to get one more ball back, or to win one point. Then the match turns and you find yourself making a great comeback and winning the match. You feel GREAT. You have perseverance and learned lessons that you will use again. By persevering, whether you win or lose, it will make you stronger and develop the skill of perseverance. It will pay off for you in the future!

Let's look at the greatest comeback in men's and women's tennis history and see what we can learn from the best in the world (Ivan Lendl, Andre Agassi, Justine Henin, and Steffi Graf, about perseverance.

- **Towers** - It is a group (team) challenge to see who can build the tallest marshmallow tower. It will take good planning, a team effort with everyone working their hardest and fastest right up till the end. This will take perseverance! Who will win the Marshmallow Tower Challenge?
- **On-Court** - While acquiring on-court tennis skills the participants will be challenged with some "come from behind" tasks this week - they may seem tough but with some perseverance, they can! And when they do it will feel GREAT!
- **Reinforcement** - We all will come up against challenges on the court and in life that seem to big or difficult. That is when we must have dig in and never give up. Tell your son/daughter stories about people who overcame difficult situations (Walt Disney, Bethany Hamilton (Soul Surfer), JK Rowling, etc) and succeeded.

**Take Home** - Each participant's parents will work with their child to help them identify some things they have been challenges for them that they have overcome and used perseverance to succeed on the court, at school and in life.