

# Star Search Leadership

*"Creating Leaders and Champions – On Court and Off"*



## The Power of Lifelong Learning!

**Did you know that tennis players get better grades?** Monitoring the Future (MTF), a federally-funded multi-year survey, compared the education and health profiles of tennis players with other high school athletes, as well as with high school students who do not participate in sports. The results were published in a report by USTA Serves Report, *More Than a Sport: Tennis, Education and Health* and showed that tennis players: get better grades, spend more time studying, have higher college aspirations, are less prone to risk behavior and are more community minded. Yea tennis!

**Why Lifelong Learning?** The benefits of lifelong learning includes helps us fully develop natural abilities, helps us create a curious, hungry mind, helps us adapt to change, and helps us make new friends. So what can we learn today in only 30 minutes? Let's learn some new leadership traits and review some we have already covered in STAR Search.

- **The Oscars Were This Week So Let's Go To the Movies** - Players will snack on some popcorn, you have to have popcorn if we are watching movies right, while watching very short video's to expand our knowledge in some key areas:

Respect	Believe	Compassion
Sportsmanship	Character	Including Others

- **On-Court** - While acquiring on-court tennis skills the participants will learn to become teachers themselves and help their teammates with some fundamentals we have been working on over the weeks with STAR Search.
- **Reinforcement** - The videos (TV Spots) that we watched are from the Foundation for a Better Life. I am sure you have seen some of their billboards in DIA, Time Square, and in other locations. There are dozens of short (1-2 minute) TV clips that focus on character and values - check them out at [www.values.com](http://www.values.com). The ones we watched included: Cafeteria, The Race, Bus, Basketball, Peer Pressure, The Hall, and I Believe. The goal of The Foundation for a Better Life is to offer inspirational messages to people everywhere as a contribution toward promoting good values, good role models and a better life.

**Take Home** - We encourage each participant's parents and siblings (and others like grandparents, aunts and uncles) to watch at least 5 more of the TV clips together and then discuss them. You can pick which value or character trait is important to you. They will need to identify which ones they watch and what they learned from each of the TV clip. Enjoy!