

# Star Search Leadership

*"Creating Leaders and Champions – On Court and Off"*



## Integrity – The Power of Doing What's Right

### Laser Walk

#### Equipment Needed:

Tables, chairs and ropes (use trees or any stable heavy object if outside)

#### Objective and Desired Outcomes:

- To understand what it means to be a person of integrity and responsibility
- To be willing to push the limits of their comfort zone
- To have confidence in themselves and others  
To gain a realistic appreciation of their own strengths, weaknesses, and values and those of others
- Team members will test their level of integrity by whether they call themselves out on touching the ropes and start over, or if they continue on and complete the task while technically breaking some rules.
- Cooperation to complete a task.
- Communication and working as a group

#### Emphasizes integrity.

What does it say about the character of a person or team if they do not act with integrity? Problem-solving, communication, and working as a team are also goals for this activity. Additionally, to get all of the team members from one side of the laser walk to the other without anybody touching the ropes.

#### Set Up:

Set the laser walk in advance to test its difficulty. Create the laser-walk course by crossing ropes over each other and tying them to trees in order to create a crisscrossed challenging, but walkable obstacle course.

*Note: This is basically an adaptation of Spider Web on a horizontal plane for safety/self-esteem consideration(s).*

The coach will present the obstacle to the team (make it creative, keep it fun!) Instruct the team by telling them they have to get all members through the laser walk (from one side to the other) without touching any of the lasers (ropes). If any member of the team touches a laser, the entire team must go back to the start to try again. Tell them they have 20 minutes to complete this task.

First, the players attempt the laser walk. The coach makes sure they go back to the start each time they hit a rope.

If they keep hitting ropes and have to start over, the coach can pretend to be not as vigilant and to see if the team catches themselves and makes themselves start over, or if they continue to work through the laser walk as if it never happened.

At 10 minutes remaining, 5 minutes, 2 minutes, 1 minute, and 30 seconds remaining, the coach will give them warnings that their time is running out.

If they complete the task before time runs out, or after the time runs out and they are still unsuccessful, break for debrief.

**Safety Considerations:**

Be sure everyone is being looked out for and nobody trips on the ropes.

**Suggested Debrief Ideas That Lead to Desired Outcomes:**

Did you succeed in completing this task?

What does it mean to be successful?

Is it better to complete a task while compromising the rules, or technically fail while remaining true to your integrity?

Were there any times you bumped the ropes and kept going? If so, did any team member want to start over?

What was it like when you had to start over?

How was it having a time constraint?