

# Star Search Leadership

*”Creating Leaders and Champions – On Court and Off”*



## Decision Making – The Power of Choices and Consequences

**What are choices?** The act of selecting or making a decision when faced with two or more possibilities.

**What are consequences?** The result or effect of an action, condition, or choice.

Here are some choices and that might impact you as a player, student and leader in positive or negative ways. Think about the choice and then write down a few consequences of those decisions.

**1. The choice of which clothes to wear to school.**

Consequences:

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**2. The choice of doing your homework or watching TV.**

Consequences:

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**3. The choice of always sleeping in late or getting up to go work on your game because its FUN.**

Consequences:

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**4. The choice to switch your grip to more continental on your serve.**

Consequences:

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**5. The choice to always work hard and be positive on and off the tennis court and in school.**

Consequences:

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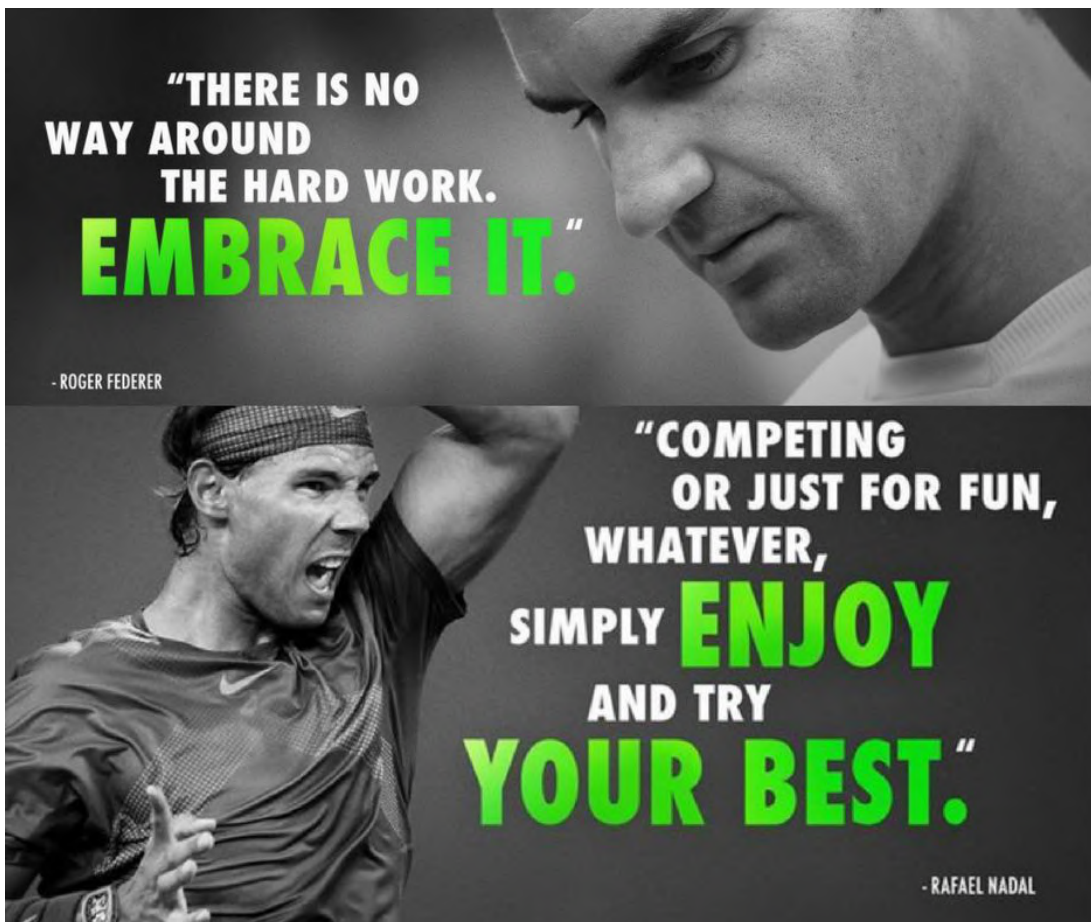
**Why? Why was your choice to work hard and be positive? (I hope that was your choice)**

Why do we do this? Why do we get up early for lessons or go to tournaments? Each of us has a reason for the "WHY" we work so hard and do well at time and get frustrated at other times. All of us, including Roger Federer and Rafael Nadal, go through it. These are choices – and – these choices comes with consequences

Here is some advice from two of the top tennis players of all time on the choice you can make about hard work and competition.

**Embrace Hard Work!**

What does this mean to you and how will you use it?



**Simply Enjoy and Try Your Best!**

What does this mean to you and how will you use it?